

Club Head Coach report. - Oct 2022

2022 Season in Review.

Considering this season was the true first year of recovery post covid; I was very impressed to see the number of returning players and coaches to the program. I am very appreciative of the time, effort and dedication of our board members, club officials, coaches, referees, and volunteers that made this year such an overwhelming success. This is due in no small part to the resilience and creativity of our volunteer board, club directors and our membership.

2021-22 Winter program.

While school permits were being restricted until January 2022, our winter skills development program went ahead with our players and parents braving the frost and sleet to train outdoors until Mid-November. We regularly had 50-60 participants in this program. In mid-January we received the approval to move into the school gym and train until the end of February. At which point our development and competitive players were prepared to move into March assessments.

2022 Assessments.

The first round of spring assessments held at the Sooner's Megadome in Stittsville saw a strong return of regular players and a nice mix of new players and players from other clubs. In addition, I engaged with some new coaches at the developmental level who exceeded my expectations with regards to player development and session planning.

2022 Technical Session.

Our May/June technical sessions were very well received. The Club Technical Director and myself implemented a 5 week pre season skills development program as guided by the Long Term Player Development requirements. This program is an opportunity for both house league and development players to participate in a targeted skills program to assist them in preparing for the season ahead.

We saw a range of 80-90 participants during each session combined of both boys and girls through all LTPD age groups.

This program is also designed for coaches to observe through demonstration the standard elements of a session plan, provide resources and an opportunity to engage with other coaches within the club.

While we did have 3-4 coaches regularly participate, this is an area that is lacking in attendance. I will be looking to improve on this in the coming season. It is a critical piece in implementing the LTPD program.

2002 Summer season.

I provided ongoing support to our coaching personnel. I spent many evenings observing games and coaching styles. With the exception of a few incidents that were resolved I was very please with the level of engagement from our coaches and the interactions I observed with our youth players. I use player happiness as a gauge on the success of a season and judging by the smiles on our athletes faces, we had it in spades. A big thank you to all our coaches, assistant coaches and managers!